



East Midlands Specialist  
College Group

# **E-Safety – A Parents/Carers Guide**

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# Overview

- What is my young person doing online? Looks at the kind of things young people like to do on the internet
- What are the risks? Are there any risks and what are they?
- Should I stop them using the internet? Can we limit the risks or should we stop them using the internet?



# What is my young person doing online?

- The internet is a fantastic resource which enables young people to keep in touch with friends and family, research, play games and much more.
- The next few slides give a brief explanation of the different things your young person may be doing online



# Friend or foe?

- Your young person has to accept 'friends' requests to socialise with people via social networking and games sites. Only people they allow onto their list can socialise with them.
- Your young person's personal details, photos, videos etc may still be visible to others, unless they set the security settings to say otherwise.



# What are the risks?

There are lots of scare stories about young people and vulnerable people using the internet ...

Women lured into Sex slavery

Viruses

Online predators

We lost our house on an internet casino

Party invites on Facebook led to house trashing

Bullying

grooming

Pornography

Remember: these things can happen but are very rare and can be prevented.



# Simple prevention

- **Check and use parental controls and security setting.**
- **Do not open or download a file if you do not know where it has come from.**
- **Remain anonymous on chatrooms and instant messaging – do not tell anyone any personal information (your name, address, age, passwords etc.).**
- **A friend on the internet is not the same as a friend in person.**
- **Ensure your young person does not give any bank details to anyone without you checking first.**



**Should I stop them from  
using the internet?**

**NO**



# The Internet is a fact of the 21<sup>st</sup> century

- It can entertain, inform and excite
- It allows access to infinite shopping opportunities
- It allows instant access to banking
- It allows people to meet up and chat together while still at home.

**However**

- Your child needs to know how to use it safely.





# Where can I go to find out more?

Half a dozen websites for you to browse through.

[JISC Techdis Safer Internet Day online resources](#)

[JISC RSC E-Responsibility online resource](#)

[Direct.Gov internet safety](#)

[Click clever, click safe: zip it, block it, flag it](#)

[Safer Internet.org](#)

[Childnet International](#)

[CEOP parent/carer video](#)



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